



	Sun 01-14-2024	Mon 01-15-2024	Tue 01-16-2024	Wed 01-17-2024	Thu 01-18-2024	Fri 01-19-2024	Sat 01-20-2024
B R E A K F A S T	Country Ham and Biscuits Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Cinnamon Muffin Egg of Choice Fresh Fruit 100% Juice	Deluxe Waffles Sausage Link Fresh Fruit 100% Juice	Eggs Benedict Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Fried Egg Country Potatoes Fresh Fruit 100% Juice English Muffin	French Toast Sticks Bacon Fresh Fruit 100% Juice	Cherry Scone Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Split Pea Ham Soup Spanish Beef and Peppers Lime Cilantro Rice Corn Salad with Lime Vinaigrette Baked Roll	Caesar Salad Ham Hocks with Pinto Beans Corn Fritter Black-Eyed Pea Salad	Green Salad Tofu Vegetable Stir-Fry Jasmine Rice Spring Egg Roll	Vegetable Pasta Salad BLT Avocado Wrap Curly Fries Apple Cranberry Walnut Salad	Cottage Cheese Vegetable Salad Beef Goulash Lemon Butter Egg Noodles Honey Roasted Carrots Baked Roll	Colorful Corn Salad Chicken Piccata Garlic Pasta Balsamic Roasted Vegetables Baked Roll	Black Bean Pepper Salad BLT Turkey Salad Homemade Flatbread
DESSERT OF THE DAY							
	Angel Cake Fruit Parfait	Chocolate Sour Cream Cake	Berry Peach Crisp	Pineapple Cream Pie	Apple Brownies	Berry Banana Trifle	Cinnamon Coffee Cake
D I N N E R	Chicken Sweet Potatoes Bacon Peas	Cream of Tomato Soup Pumpkin Turkey Chili Marinated Pepper Salad Chips	Mexican Pork and Bean Soup Ranch Burger Pickle Relish Plate Baked Beans	Cream of Mushroom Soup Shredded Pork on a Bun Green Beans Hushuppies	Classic Minestrone Soup Glazed Cornish Game Hens Grilled Asparagus Lemon Pesto Rice	New England Clam Chowder Classic Taco Salad Taco Salad Veggies Parmesan Breadsticks	Chicken Broccoli Soup Baked Cod with Dill Sauce Peas and Carrots Mushroom Couscous
Milk offered at every meal							

Dietitian's Signature: *Quinn Ingham 6/10/28*
1-11-2024