



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
hello WINTER	Activity Cubby Residents & families wanting to have more fun after hours or on weekends, check out the activity cubby on the Terrace by the Post Office. It has cards, games, coloring sheets & More! Please return any shared activities such as games for others to use after you!	Also check out the common area on the 16th floor! There are activity packets, more coloring pages as well as other arts and crafts. Look on the counter, in the closet & in the cupboards.	Door & Floor Decorating!! The winter holidays are here! Decorate the common area of your floor & the outside of your door for a fun & festive activity! Ask Keysa (L.E.D.) for more Info!!		10:30 ■ Chair Exercise 1:00 ■ BINGO 2:30 ■ Karaoke 3:30 ■ Happy Hour; Happy New Year!	9:00 ■ Mass 10:30 ■ Chair Exercise 1:00 ■ Poker 2:00 ■ Independent Art 3:00 ■ Ten Minute Plays
10:30 ■ Chair Exercise 10:30 ■ Church Service 1:00 ■ BINGO 2:00 ■ Art Activity	Wildlife Conservation Day & National Cookie Day 10:30 ■ Chair Exercise 1:00 ■ BINGO 3:00 ■ Rummy 4:30 ■ Movie Club	10:30 ■ Chair Exercise 1:00 ■ Poker 2:00 ■ Canasta Card Game 3:00 ■ Jeopardy 4:30 ■ Movie Club	Saint Nicholas Day 10:00 ■ 10 on the Terrace 1:00 ■ Bean Bag Baseball 2:00 ■ Video Documentary 3:00 ■ BINGO 4:30 ■ Movie Club 6:00 ■ Hand & Foot	Hanukkah Starts 10:30 ■ Chair Exercise 11:30 ■ Meditative Music & Coloring 1:30 ■ Knitting Group 2:00 Holiday Art Activity- Festive Snowflakes 3:00 ■ Holiday Movie Matinee 4:30 ■ Virtual Scenic Tour	10:30 ■ Chair Exercise 12:00 ■ Group Nature Walk 1:00 ■ BINGO 2:30 ■ Karaoke 3:30 ■ Happy Hour; Happy New Year! 4:00 ■ Fireside Carolers Performance	National Pastry Day 9:00 ■ Mass 10:30 ■ Chair Exercise 1:00 ■ Poker 3:00 ■ Ten Minute Plays
10:30 ■ Chair Exercise 1:00 ■ BINGO 2:00 ■ Art Activity	9:30 ■ Coffee, Tea & Crosswords 10:30 ■ Chair Exercise 1:00 ■ BINGO 3:00 ■ Rummy 4:30 ■ Movie Club	National Poinsettia & Gingerbread House Day 10:30 ■ Chair Exercise 1:00 ■ Poker 2:00 ■ Canasta Card Game 3:00 ■ Jeopardy 4:30 ■ Movie Club	National Hot Cocoa Day 10:30 ■ OHSU Centella Presentation 1:00 ■ Bean Bag Baseball 2:00 ■ CTRA Meeting 2:00 ■ Video Documentary 3:00 ■ BINGO 4:30 ■ Movie Club 6:00 ■ Hand & Foot	10:30 ■ Chair Exercise 1:30 ■ Knitting Group 2:00 ■ Holiday Art Activity- Yarn Gnomes 3:00 ■ Holiday Movie Matinee 4:30 ■ Virtual Scenic Tour	10:30 ■ Chair Exercise 1:00 ■ BINGO 3:00 ■ The Eastside Wind Quartet 4:00 ■ Happy Hour	9:00 ■ Mass 10:30 ■ Chair Exercise 1:00 ■ Poker 2:00 ■ Independent Art 3:00 ■ Ten Minute Plays
10:30 ■ Chair Exercise 10:30 ■ Church Service 1:00 ■ BINGO 2:00 ■ Art Activity	10:30 ■ Chair Exercise 1:00 ■ BINGO 3:00 ■ Rummy 4:30 ■ Movie Club	10:30 ■ Chair Exercise 1:00 ■ Poker 2:00 ■ Canasta Card Game 3:00 ■ Jeopardy 4:30 ■ Movie Club	10:00 ■ 10 on the Terrace 1:00 ■ Bean Bag Baseball 2:00 ■ Ave Maria Chorus 3:00 ■ BINGO 4:30 ■ Movie Club 6:00 ■ Hand & Foot	Yule/ Winter Solstice/ First Day of Winter 10:30 ■ Chair Exercise 11:30 ■ Meditative Music & Coloring 1:30 ■ Knitting Group 2:00 ■ Holiday Art Activity 3:00 ■ Holiday Movie Matinee 4:30 ■ Virtual Scenic Tour	10:30 ■ Chair Exercise 12:00 ■ Group Nature Walk 1:00 ■ BINGO 3:00 ■ Holiday Party & Happy Hour	Festivus 9:00 ■ Mass 10:30 ■ Chair Exercise 1:00 ■ Poker 3:00 ■ Ten Minute Plays
Christmas Eve 10:30 ■ Chair Exercise 1:00 ■ BINGO 2:00 ■ Art Activity	Christmas Day For today's activities, please see the weekly Tattler. Hope you all have a wonderful Christmas Day!	Kwanzaa Starts 10:30 ■ Chair Exercise 1:00 ■ Poker 2:00 ■ Canasta Card Game 3:00 ■ Jeopardy 4:30 ■ Movie Club	10:30 ■ Chair Exercise 1:00 ■ Bean Bag Baseball 2:00 ■ Video Documentary 3:00 ■ BINGO 4:30 ■ Movie Club 6:00 ■ Hand & Foot	10:30 ■ Chair Exercise 1:30 ■ Knitting Group 3:00 ■ Movie Club 3:00 ■ Virtual Scenic Tour	10:30 ■ Chair Exercise 1:00 ■ BINGO 2:30 ■ Karaoke 3:30 ■ Happy Hour; Happy New Year!	9:00 ■ Mass 10:30 ■ Chair Exercise 1:00 ■ Poker 2:00 ■ Independent Art 3:00 ■ Ten Minute Plays
New Year's Eve 10:30 ■ Chair Exercise 1:00 ■ BINGO 2:00 ■ Art Activity						